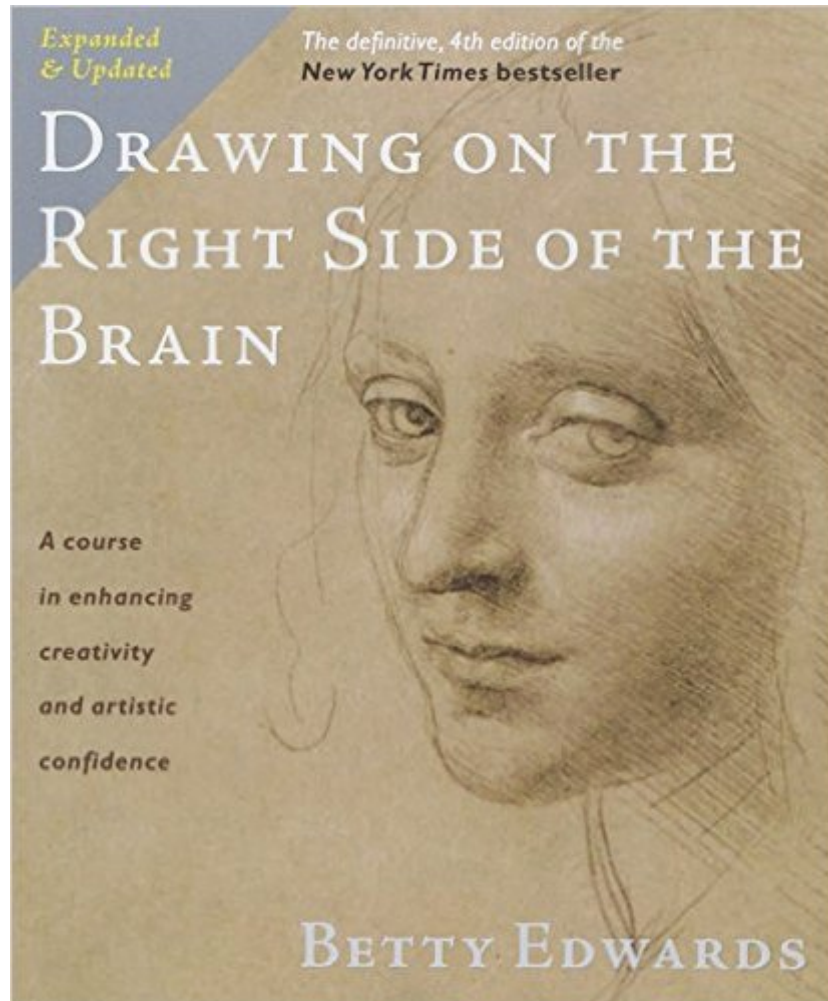


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# Drawing On The Right Side Of The Brain: The Definitive, 4th Edition



## Synopsis

A revised edition of the classic bestselling how to draw book. A life-changing book, this fully revised and updated edition of *Drawing on the Right Side of the Brain* is destined to inspire generations of readers and artists to come. Translated into more than seventeen languages, *Drawing on the Right Side of the Brain* is the world's most widely used instructional drawing book. Whether you are drawing as a professional artist, as an artist in training, or as a hobby, this book will give you greater confidence in your ability and deepen your artistic perception, as well as foster a new appreciation of the world around you. This revised/updated fourth edition includes:

- a new preface and introduction;
- crucial updates based on recent research on the brain's plasticity and the enormous value of learning new skills/ utilizing the right hemisphere of the brain;
- new focus on how the ability to draw on the strengths of the right hemisphere can serve as an antidote to the increasing left-brain emphasis in American life-the worship of all that is linear, analytic, digital, etc.;
- an informative section that addresses recent research linking early childhood "scribbling" to later language development and the importance of parental encouragement of this activity;
- and new reproductions of master drawings throughout

## Book Information

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## Customer Reviews

I bought this book years ago, and it taught me how to dramatically improve my drawing skills. I believe people who are blocked from drawing well will get the most from this book. More accomplished artists may benefit as well by understanding better how the process works. It shows you how to look at things differently, and uses different techniques to enable you to bypass your left

(logical) brain, and access your right brain, (your subconscious mind), hence the title. Instead of using left brain- right brain theory to describe this, in my view the more correct description would be to learn to access your subconscious mind which functions at a deeper level, while reducing the way in which your conscious mind interferes with the creative process. Your brain has four levels of consciousness, beta which is normal waking state, alpha which is a relaxed meditative state such as when you are about to go to sleep, theta which is a deeper state associated with creativity and light sleep, and delta which is deep sleep. Normally, your brain shows some activity at all these levels. Artists and other creative people are able to access the creative mental state more easily. Here is an example of how the process works. If you try to draw a chair you may have a definite idea in your logical mind of how a chair should be, so when you draw you are thinking 4 legs, a seat and a back. You know all the legs are the same length, and therefore you may draw that way. This can interfere with you doing a good drawing, because each leg from an artistic viewpoint is longer or shorter depending on the distance from your eye, so you have to learn how to use your vision to see it differently.

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